

EVERYONE IS INVITED!

# Vegeta

# SUMMER

# CAMP

## General Info

*\$35 registration fee  
if not currently  
enrolled in classes*

*Hair should be worn up*

*If you don't own a leotard, then shorts and a t-shirt are recommended.*

*For 'Outside Fun' please bring a bathing suit and a towel!*

*Please do NOT pack snacks/lunches containing Peanuts.*

*Ages 5 - 15 years old*

*Registration open for one week or multiple!*

*No refunds or makeups*

*Bring your friends*

# Cost per week

8:30AM-2:30PM \$350

# Cost per day

8:30AM-2:30PM \$75

## Extended hours

\$8 PER HOUR

## Sibling Discount 10%

5 Days \$350

4 Days \$275

3 Days \$210

2 Days \$145

# Dates

## 1: July 5 -- July 8: Party in the USA

*Celebrate the USA while we do some star-spangled gymnastics.*

## 2: July 11 - July 15: Olympic Gymnastics

*Let the games begin! Learn gymnastics skills on all apparatus.*

## 3: July 18 - July 22: Challenging our champions

*Daily challenges to be faster, stronger, better*

## 4: July 25 - July 29: Going for Gold

*Competing for the USA in multiple summer sports and games*

## 5: August 1 - August 5: NinjAction Week

*Developing speed agility and balance in ninja-styled obstacle training*

## 6: August 8 - August 12: Dream Team Week

*Cooperative team-based games and contests*

## 7: August 15 - August 19: Sportastics

*Daily games and contests based on gymnastics & other sports from around the world.*

## 8: August 22 - August 26: Superstar Showcase

*Putting skills together into performance style routines*

# Daily Schedule

8:30 - 9:00: Warm up

9:00 - 9:35: Gymnastics Adventure Part 1

9:35 - 10:10: Gymnastics Adventure Part 2

10:10 - 10:45: Outside Fun

10:45 - 11:15: Energy Break/ Arts + Crafts

11:15 - 11:50: Trampoline & Tumble Track Jungle

11:50 - 12:30: Lunch Time

12:30 - 1:10: Exciting Gymnastics Games in the Gym!

1:10 - 1:45: Fitness Exercise to build strength

1:45 - 2:30: Themed Games and Goodbyes!

# Contact us!

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